

# Quill & Ink

## Tattoo Aftercare

Your tattoo should be healed after 14 days.

Around 50% of fine line tattoos require a top up. Please do not worry if you experience fading, this is completely normal and a top up is available to ensure the tattoo has the correct end result.

There is a much higher chance you will experience fading if you have a tattoo in one of the following areas:  
fingers, hands, wrists, feet.

Top ups for hand and feet tattoos are chargeable by £10-20 as per my policy.

One free top up is available for all other tattoos.

Please message or email me to book a top up and include a photo of your healed tattoo. You can book in for a top up after four weeks but the top up cannot be done until 5-6 weeks after initial appointment to allow the tattoo to settle into the skin.

The free top up is available for 3 months or can be done anytime a future tattoo is booked in with me with advance notice.



*Please follow these instructions for the best results*

*Please wear the second skin for 4 days  
(5 for hands, fingers, feet, wrists or if you have any immune system/ healing issues).*

*Only shower wearing the second skin, do not submerge in bath/sink and keep it as dry as possible.*

*Avoid activities that may cause sweating as second skin may come off.*

*Peel second skin off gently, use warm water if necessary.*

*Once second skin is removed, clean tattoo with antibacterial wipes provided.  
Treat it as an open wound.*

*Moisturise the tattoo 7-8 times a day with coconut oil for a minimum of two weeks. Do not let the tattoo dry out.*

*If you have any reactions to either the second skin or coconut oil please contact me for further advice.*

*You do not need to recover your tattoo, it needs time to breathe and heal.*

*Wear loose clothing over tattoo.*

*Only use coconut oil to moisturise the tattoo, no scented moisturisers or Bepanthen.  
Do Not spray any perfume on your tattoo.*

*Do Not use sun-beds/sauna/hot tubs/ expose to direct sunlight/ swim or soak in bath until tattoo is healed.*

*Use at least SPF30 sun cream on tattoo if direct sunlight cannot be avoided.*

*Do Not pick/ rub/ scratch/ shave over/ exfoliate your tattoo.  
Itchiness is normal.*

*If you have any questions, please message me.  
I'm always here to help :)*